



## Nikki Darling: Health and Safety Consultant

NEBOSH and CITB qualified. Working as a Health and Safety Consultant and Trainer within the Construction Industry



### HEALTH AND SAFETY CONSULTANT – PB SAFETY CONSULTANCY LTD

#### OCTOBER 2019 - PRESENT

- Perform Health and Safety site inspections and follow up with a site inspection report
- Review Risk Assessments and Method Statements
- Attend Health and Safety on site meetings
- Investigate accidents/near misses
- Produce reports and safety alerts
- Deliver training.

### MOBILE TRAINER/CONSULTANT – FREELANCE SAFETY LTD AUGUST 2017 - OCTOBER 2019

- Site Safety Plus Trainer responsible for delivery of SMSTS, SSSTS, ABC, H&S awareness course in accordance with CITB.

### Qualifications

CITB – Tutor Number 2824854

IOSH Tutor

IIRSM Membership - 305094

NEBOSH Construction Certificate

HNC Construction

Level 4 Introductory award in Preparing to Teach in the Life-long Learning Sector

PASMA

Manual Handling Certificate

Driver Awareness Training

Regular CPD

Professional Memberships

Approved Tutor for IOSH and CITB

TechIOSH

### MOBILE TRAINER – HSS TRAINING MARCH 2016 – AUGUST 2017

- Site Safety Plus Trainer responsible for delivery of SMSTS, SSSTS, ABC
- and the H&S awareness course in accordance with CITB
- Manage delegates' expectations to ensure that all reach their full potential and understanding of H&S
- Assess delegates, collate paperwork to ensure all course results are processed correctly and quickly

### HEALTH & SAFETY COORDINATOR – KPH CONSTRUCTION JUNE 2015 - JANUARY 2016

- Method Statement and Risk Assessments
- Site Visits and Site Audits
- COSHH Assessments
- Reactive Accident Investigation
- CDM - Health & Safety File
- CDM - Construction Phase Plans
- >NNLW Asbestos removal

### HEALTH & SAFETY ADVISER – SELF EMPLOYED JANUARY 2008 – JUNE 2015

- Traffic management and vehicle control (warehousing)
- DSE risk control for offices and manufacturing
- Plant equipment inspection
- Electrical Awareness
- Fire Risk Management
- COSHH Management (swimming pools, offices and retail)
- Manual Handling and ergonomic advice for machinery and heavy lift environments



**ASSISTANT SITE MANAGER – KIER SOUTH EAST  
FEBRUARY 2007 – JANUARY 2008**

- Responsible for general duties on building sites
- Managing risk
- Tool box talks
- Site Inspections

**ASSISTANT CONTRACTS MANAGER – WH SIMMONDS  
JUNE 2005 – JANUARY 2007**

- Management and co-ordination of emergency contingency planning team
- Attending site meetings to liaise with clients, architects and site personnel
- Ensuring company compliance with CDM regulations
- Compiling O & M manuals
- Reviewing risk assessment formats
- Producing method statements